

FLORIDA KEYS COMMUNITY RESOURCE GUIDE



United Way of Collier and the Keys works to improve lives by mobilizing the caring power of community to advance the common good. Our vision is that all individuals who live and work in Collier County and the Florida Keys have the resources and opportunities they require to thrive.

Serving the Monroe County community for more than 30 years, we have helped thousands of residents through our internal programs or working alongside our funded non-profit partner organizations.

To learn more or to support our work, please visit UWCollierKeys.org, or call the Key West office at 305-735-1929 or the Naples office at 239-261-7112.

To access the most updated version of this resource list, please visit

KeysHelp.org

Please email

ResourceGuide@KeysUnitedWay.org

to update or add community information to the current online version or future printed editions of this guide.

United Way of Collier and the Keys compiled and produced this edition of the Community Resource Guide.

HOTLINES

211 of Miami-Dade and Monroe	855-883-4429 or 211 or Text your ZIP code to 898211
AARP	888-687-2277
Abuse Hotline	800-96-ABUSE (962-2873)
Alcoholics Anonymous	888-672-4442
Alliance for Aging	800-963-5337
Alzheimer's Association of SE FL	800-272-3900
American Cancer Society	800-227-2345
American Pregnancy Helpline	800-672-2296
American Red Cross	800-733-2767
Cancer Information Service	800-4CANCER (422-6237)
Child Support Enforcement	888-369-0323
DCF Abuse Hotline	800-962-2873
Disaster Hotline (Monroe)	800-955-5504
Early Steps Southernmost Coast	888-624-7837
Elder Abuse Hotline	800-962-2873
Family Health Line of FL	800-451-2229
FEMA	800-621-FEMA (3362)
FL Bar Lawyer Referral Service	800-342-8011
FL Department of Elder Affairs	800-963-5337
FL Domestic Violence Hotline	800-500-1119
FL Kid Care	1-888-540-KIDS (5437) or TTY 1-800-955-8771
Gamblers Anonymous	888-ADMITIT (236-4848)
Guidance Care Center / MH Crisis	305-434-7660
Healthcare.gov (ACA Insurance)	800-318-2596
Immigration (USCIS)	800-375-5283
JCS Community Helpline	855-883-4429
LGBTQ Helpline	305-646-3600
Medicare	800-633-4227
Nat'l Child Sex Abuse Line	800-4ACHILD (422-4453)
Suicide and Crisis Lifeline	988
Poison Control	800-222-1222
Postpartum Support International	800-944-4773
Runaway Helpline	800-RUNAWAY (786-2929)
Quit Smoking Line	800-QUITNOW (784-8669)
Social Security Administration	800-772-1213
Veteran's Assistance	800-827-1000
Veteran's Crisis Line	998, then press 1; or text 838255

TABLE OF CONTENTS

COMMUNITY SERVICES.....	5
DOMESTIC VIOLENCE & SEXUAL ASSAULT SERVICES.....	6
EMERGENCY & ECONOMIC SERVICES.....	7
FOOD & NUTRITION SERVICES.....	8
HEALTH SERVICES.....	9
HOUSING SERVICES.....	11
INFANTS, CHILDREN & ADOLESCENT SERVICES.....	13
LEGAL SERVICES.....	15
MENTAL HEALTH & SUBSTANCE ABUSE SERVICES.....	15
SENIOR SERVICES.....	16
SPECIAL NEEDS SERVICES.....	18
TRANSPORTATION SERVICES.....	18

COMMUNITY SERVICES

211 of Miami-Dade and Monroe: Provides information & referral to statewide resources such as suicide prevention, food banks, shelters, legal assistance & more. Statewide, dial 2-1-1.

CareerSource- South Florida: Assistance writing resumes, job seeking, networking and job readiness skills. careersourcesfl.com – Key Largo 305-853-3540, Key West 305-292-6762

City of Key West, Major Parks and Facilities: Maintains public parks, trails and beaches, free parking locations, gyms & pool schedules. cityofkeywest-fl.gov – Key West 305-809-3769

The College of the Florida Keys (formerly FKCC): Classes, workshops, degree & certification programs, library, computer access, student clubs and organizations. cfk.edu – Key West 305-296-9081 Upper Keys Center 305-852-8007

Community Foundation of the Florida Keys: Making Key West and the Florida Keys a better place to live now and in the future by encouraging philanthropy and matching these acts of caring to the community needs. cffk.org – Countywide 305-292-1502

Conch Republic App: Essential information from DOH-Monroe. A searchable guide to health providers and the insurances they accept. Listings and information regarding businesses, community organizations and events in the Keys. To get the app text "Conch" to 305-422-1212

Cornerstone Resource Alliance: Supportive services such as case management, ID assistance, bus tickets, medical and mental health referrals, mail, and connection to services such as food stamps etc. keyscra.org – Key West, 305-240-1191 or 305-240-4226

Key West Business Guild: LGBTQIA-supported network that encourages commerce and events with local LGBTQIA-friendly businesses. gaykeywestfl.com – Key West 305-294-4603 or 800-535-7797

Keys Immigrant Coalition Volunteer-led non-profit committed to protecting and defending the rights of immigrants in the Florida Keys through education, advocacy, and outreach. keysimmigrant.org

League of Women Voters of the Lower Keys: Dedicated to fostering an informed, engaged electorate and to defending voters' rights. lowerkeyslwv.org 305-509-7348

Monroe County Homeless Services Continuum-of-Care: Promotes community-wide goal of ending homelessness by facilitating the Continuum-of-Care process. monroehomelesscoc.org – Countywide 305-440-2315

Monroe County Public Library: Free internet, physical and digital books & movies to lend, children's program, community events. keyslibraries.org – Key West 305-292-3595, Big Pine 305-872-0992, Marathon 305-743-5156, Islamorada 305-664-4645, Key Largo 305-451-2396

Monroe County Stars of Hope: Provides financial support to first responders and their families working in Public Safety. 305-293-7325

Monroe County Veteran's Affairs: Transportation to Miami VA for veterans by appointment. benefits.va.gov/benefits – Key West 305-295-5150, Key Largo 305-453-8777

Queer Keys: LGBTQ+ community organization based in Key West. Support, education, empowerment, and celebration of the queer community in the Florida Keys. queerkeys.org

United Way of Collier and the Keys: Enhances the overall quality of life in Monroe County and helps residents to succeed by improving financial stability, providing resources and referrals, and strengthening health and education. UWCollierKeys.org/ – Countywide 305-735-1929

Weatherization Assistance Program - DEO/WAP: A federally funded program designed to lower the energy bills for homes that fall within income guidelines. monroecounty-fl.gov/280/Weatherization-Assistance-Program-WAP – Countywide 305-292-4405

DOMESTIC VIOLENCE & SEXUAL ASSAULT SERVICES

Christina's Courage: Services for survivors of sexual assault regardless of reporting intention, Sexual Assault Nurse Examiner (SANE) exams, advocacy services, and therapy. Key West 305-916-0673, Therapy Services christinascourage.org 305-295-8839

Coordinated Victim's Assistance Center (CVAC): Provides crisis intervention, education, case management, and supportive services. casa-us.org/cvac-office – Statewide 305-285-5900

Domestic Abuse Shelter of the Florida Keys, Inc: Emergency housing, crisis intervention, and case management. domesticabuseshelter.org – Countywide 24-hour hotline 305-743-4440, Office 305-743-5452, text message 24-hour hotline 305-240-0105

Florida Council Against Sexual Violence: Emergency shelter sites, support services, education, resource & referral, counseling services, case management. fcasv.org – Statewide 888-956-7273

Florida Dept of Children and Families - Domestic Violence: 24/7 emergency shelter, counseling, supportive services, legal services, resource and referral. myffamilies.com – Statewide 800-500-1119, Southern region 786-257-5148

Living Springs Counseling: Workshops for community leaders, churches and parents on reducing domestic violence in our families. Parenting workshops approved by Upper Keys Family Court for mandated parenting classes. dolphinslivingsprings.com – Countywide 305-432-9554

Monroe County Sheriff's Office Victim Advocate Program: Emergency response and support services. keysso.net – Lower Keys 305-745-3184, Middle Keys 305-289-2430, Upper Keys 305-853-3211

EMERGENCY & ECONOMIC SERVICES

Catholic Charities of Monroe County: Rental, utilities, and mortgage assistance. ccadm.org – Countywide 305-292-9790

Cheryl Cates Memorial Foundation: Continuing Cheryl's legacy of "filling in the gaps" to help those in need. cherylcates.org

Florida Department of Children and Families (DCF): Temporary Assistance to Needy Families (TANF). tanfprogram.com – Statewide 866-762-2237

Florida Keys Outreach Coalition: Financial crisis support and referral. fkoc.org – Lower Keys 305-295-7741, Upper Keys 305-916-5454

Keys Area Interdenominational Resources (KAIR): On-going emergency food assistance, brown bag lunches, volunteer opportunities. kaironline.org – Marathon 305-743-4582

Monroe County Social Services: Limited rent & utility assistance, prescription drug assistance, burial/cremation assistance. monroecounty-fl.gov/socialservices Countywide 305-292-4408

Red Cross: Provides crisis response services, including emergency needs. redcross.org/local/florida/south-florida – 305-644-1200

Salvation Army of Monroe County: Holiday assistance, emergency financial assistance, food assistance program. salvationarmyflorida.org/florida-keys – Countywide 813-892-3342

Sister Season Fund: Limited emergency rental and utility assistance for tourism industry workers in Key West. sisterseason.com – Key West 305-304-9828

Social Security: Medicare, SSDI, SSI, RSDI, Medicare Part B, Social Security. ssa.gov – Nationwide 800-772-1213

FOOD & NUTRITION SERVICES

Burton Memorial Church: Ongoing food assistance, food pantry, faith-based community outreach, volunteer opportunities. bmumc.net – Tavernier 305-852-2581

First Baptist Church of Islamorada: Food pantry, clothing closet, weekly community dinner, faith-based community outreach/referral program. fbcislamorada.org – Islamorada 305-664-4910

First Baptist Church of Key Largo: Emergency food assistance, faith-based community outreach, weekly community dinner, volunteer opportunities. fbckl.com – Key Largo 305-451-2265

Florida Department of Children and Families (DCF): Federal Food Stamp (SNAP) program, referral services. myffamilies.com – Statewide 866-762-2237 or 850-300-4323

Florida Keys Outreach Coalition - Loaves & Fish Food Pantry: Emergency and on-going food assistance, resource & referrals. fkoc.org – Key West 305-295-7580

Glad Tidings Tabernacle: On-going food assistance & Thanksgiving boxes. gttkeywest.org – Key West 305-741-7843

Independence Cay: Hot lunch daily, supportive services & referrals. indycay.org – Marathon 305-743-4582

Inez Martin Backpack Nutrition Program: Food sent home with enrolled students to supplement weekend meals. wesleyhouse.org – Key West 305-809-5000

Keys Area Interdenominational Resources (KAIR): On-going emergency food assistance, brown bag lunches, volunteer opportunities. kaironline.org – Marathon 305-743-4582

Metropolitan Community Church: Meals & grocery delivery for homebound individuals, holiday food baskets. facebook.com/mcckw Key West/Stock Island 305-294-8912

Monroe County Nutrition Program: Congregate meals/nutrition sites for adults aged 60 or older, home delivered meals, Senior Centers, community volunteer opportunities. monroecounty-fl.gov/147/Nutrition – Countywide 305-292-4522

Monroe County Social Services: On-going emergency food assistance, home delivered meals. monroecounty-fl.gov – Key West 305-292-4408, Tavernier 305-852-7125

SOS Foundation: On-going and emergency food assistance, clothing distributions, daily hot meal deliveries to congregate sites for children and seniors, community-based cooking classes, volunteer opportunities. sosfoundation.org – Key West & Key Largo 305-292-3013

St. Mary's Martha Ministry: Providing meals daily for the homeless shelter, volunteer opportunities, faith-based community outreach. stmarykeywest.com – Key West 305-294-1018

St. Justin the Martyr Catholic Church: Ongoing emergency food assistance, faith-based community outreach, affordable day care. facebook.com/sjmkeylargo – Key Largo 305-451-1316

St. Peter Catholic Church: Big Pine food pantry, faith-based community outreach, volunteer services. stpeterbpk.org – Big Pine Key 305-872-2537

WIC: Assistance for Women, Infants & Children, Florida Department of Health (DOH) in Monroe County. monroe.floridahealth.gov – Key West 305-676-3852, Marathon 305-676-3975, Tavernier 305-676-3933

HEALTH SERVICES

A.H. of Monroe County, Inc: Housing assistance, HIV testing & support, health clinics, medical supplies, case/ care management, support groups, follow-up care. ahmonroe.org – Countywide 305-296-6196

American Cancer Society: Education, research, advocacy services, supportive groups, resource and referral, follow-up care, transportation to appointments. cancer.org – Countywide 305-594-4363

Cancer Foundation of the Florida Keys: Assistance with rent, food, transportation, utilities, cancer education, and supportive services. cancerffk.org – Countywide 305-294-7300

Community Health of South Florida (CHI): Primary Care, pediatrics, OB/GYN, behavioral health services, dental and pharmacy. Saturdays, after hours and walk-ins available. Telehealth available for all specialties, if appropriate - 305-252-4820. Request appointments online at chisouthfl.org. Marathon 305-743-4000, Tavernier 305-743-0383

Compassionate Care Hospice: Providing hospice and palliative care services. amedisys.com – Marathon - 305-602-8137

Baptist Health Fishermen’s Community Hospital: Diagnostic imaging, emergency services, outpatient rehab, cardiovascular services, urgent care & walk-in clinic.

baptisthealth.net/locations/hospitals/fishermens-community-hospital – Marathon 305-434-1000

Florida Department of Health (DOH) in Monroe County: HIV, TB, hepatitis, and STD clinics; child and adult immunizations; family planning; Healthy Start; refugee health; tobacco prevention; school health; environmental health. monroe.floridahealth.gov – Countywide 305-293-7500

Florida Keys Area Health Education Center (Keys AHEC): Smoking cessation, health care screening, school health clinics, referral services. keysahec.org – Countywide 305-743-7111

Good Health Clinic, Inc: Free community clinic for qualifying residents. Primary care & specialists, diagnostic testing, medications. thegoodhealthclinic.org – Tavernier & Marathon 305-853-1788

Guidance/Care Center: Center for Wellness provides integrated health care for those 18+ with a mental health diagnosis. gcmk.org – 305-434-7660 (Press 4 for Key West, 5 for Marathon, 6 for Key Largo)

Island Home Care Agency, Inc: Disability & rehabilitation-related occupational/ physical therapy, home health care nursing services. ihcgroup.com – Key West 305-735-4460

Keys Medical Group: Family practice, orthopedics/sports medicine, gastroenterology, pulmonology, obstetrics & gynecology, behavioral health, in multiple locations. Make appointments online at KeysMedicalGroup.com.

Living Waters Rx Project: Provides funding for qualifying low-income participants to fill prescriptions, including case management. dolphinslivingsprings.com – Countywide 305-432-9554

Lower Keys Medical Center: 24-hour emergency department, radiology and laboratory, urgent care, intensive care, maternity, labor and delivery, surgical services, pharmacy, women's imaging center, behavioral health/psychiatric services, rehabilitation services, nutrition, free classes. LKMC.com Key West 305-294-5531

Baptist Health Mariners Hospital: Emergency care, critical care hospital, intensive care, lab testing, diagnostic imaging/radiology, health screening & referrals. baptisthealth.net – Tavernier 305-434-3000

Rural Health Network of Monroe County: HIV Testing, STD screening, pregnancy testing, dental clinic, community clinic, mental health & substance abuse services, referrals. rhnm.org – Key West 305-517-6613

US Department of Veteran's Affairs: Medical health clinics. va.gov – Key West 305-293-4863, Key Largo 305-451-0164

VITAS Healthcare: Hospice care and related services. vitas.com – Upper Keys 305-420-2800

Womankind, Inc: Health clinic for women, men, teens; family planning; gynecology services; STD screening & education; primary care. womankindkeywest.com – Key West 305-294-4004

HOUSING SERVICES

A.H. of Monroe County: Case-managed healthcare, food and nutritional programs, clinical, and other supportive and volunteer services; affordable housing for low-income persons in need; and HIV-testing, sexual wellness education and linkage to care. ahmonroe.org – Countywide 305-296-6196

Advocate Program: Veteran support services to transition out of homelessness. advocateprogram.org – Miami 786-227-5842

Catholic Charities: Permanent, supported housing programs for disabled individuals & families, rental/utilities/mortgage assistance. ccadm.org – Key West 305-292-9790

FKOC Peacock Supportive Living: Supportive living for adults with chronic mental illness, supportive services, permanent housing. fkoc.org – Key West 305-295-8693

Florida Keys Children's Shelter: Runaway youth shelter, case management, food, clothing, alternative education, transportation & supportive services to youth. fkcs.org – Key West & Tavernier 305-852-4246

Florida Keys Outreach Coalition: Emergency shelter, transitional & permanent supportive housing programs. fkoc.org – Key West Men's Program 305-294-0304, Women's Program 305-296-8937

Guidance/Care Center: The Heron Assisted Living Facility, a congregate, state-licensed facility in Marathon, provides supportive living services for adults with a history of serious, long-term behavioral health needs. guidancecarecenter.org – Marathon 305-743-4129

Habitat for Humanity: Affordable home ownership program for low to moderate income households, housing education and support.

habitatupperkeys.org – Upper Keys 305-453-0050;

habitatmiddlekeys.org – Middle Keys 305-743-9828;

habitatlowerkeys.org – Key West & Lower Keys 305-294-9006

Independence Cay: Emergency shelter for men, shower & laundry facilities, transitional housing, meals, supportive services & referrals.

kaironline.org – Marathon 305-743-4582

Key West Housing Authority: Low-income, subsidized rental housing under HUD Section 8 & Section 42. kwha.org – Key West 305-296-5621

Keys Overnight Temporary Shelter (KOTS): 24-hour homeless shelter, shower facilities, meals, and supportive services. keyscra.org – Key West Shelter, 305-292-2744 or 305-393-2972

MARC Housing program: Housing, supportive living services & case management for developmentally disabled adults. marchouse.org – Key West 305-294-9526

Samuel's House: Emergency shelter, transitional & permanent housing, resource & referral, case management, support services.

samuelshouse.org – Key West 305-296-0240

St Bede's Village: Affordable housing for qualifying individuals, families, and workforce. www.ccadm.org – Key West 305-292-9790

Volunteers of America: Housing services to homeless veterans, case management, education/financial opportunities.

voa.org/housing_properties/eloy-a-rodriguez – Key West 786-369-1796

INFANTS, CHILDREN & ADOLESCENT SERVICES

A Positive Step of Monroe County: Idle Hands summer youth program, fatherhood initiative, case management, counseling, supportive services. apsmc.org – Key West 305-304-1969

Bahama Village Music Program: Musical education for children ages 6 to 16, instrument and lessons at no charge. bvmpkw.org – Key West 305-504-7664

Boys and Girls Clubs of the Keys: Affordable after-school club for youth. bgckeywest.org – Key West 305-296-2258, Big Pine Key 305-735-4391

Early Learning Coalition: Subsidized childcare, pre-school & school readiness programs, developmental screening, training. elcmdm.org – Countywide 305-296-5557 ext. 2298

Early Steps Southernmost Coast, Benchmark Human Services: Early intervention services to eligible infants and toddlers (0 to 36 months) with significant delays or a condition likely to result in a developmental delay. floridaearlysteps.com Countywide 305-929-8705

Florida Department of Children & Families (DCF): Child abuse investigation, intake & visitations services, counseling, resource & referral. myflfamilies.com – Countywide 305-292-6745

Florida Department of Health (DOH) in Monroe County: HIV, TB, hepatitis, and STD clinics; child and adult immunizations; family planning; Healthy Start; refugee health; tobacco prevention; school health; environmental health. monroe.floridahealth.gov – Countywide 305-293-7500

Florida Keys Children's Shelter: Runaway youth shelter, case management, food, clothing, alternative education, transportation & supportive services to youth. fkcs.org – Countywide 305-852-4246

Florida Keys Healthy Start Coalition: Assistance with formula, diapers, transportation to doctor's appointments, mental health services, child development playgroups, breastfeeding support, car seat installation, childbirth education, case management. All programming free or sliding scale. keyshealthystart.org – Countywide 305-293-8424

Florida KidCare: High-quality, low-cost health insurance for children from birth through age 18, medical provider network for referrals. healthykids.org – Statewide 888-540-5437

Frederick Douglass Gym: Free after school tutoring, boys' and girls' youth basketball leagues organized by the Police Athletic League (PAL) of Key West. cityofkeywest-fl.gov – 305-293-8305

Girl Scouts of Tropical Florida: Organization of girls that promote character, outdoor activities, good citizenship, and selfless service to others, troops countywide. girlscoutsfl.org – Countywide 305-253-4841

Guardian Ad Litem: Special court-appointed advocacy program for all children at-risk of or currently in foster care placement. guardianadlitem.org – Key West 305-292-3485

Guidance Care-Center: Comprehensive behavioral health care including crisis support, prevention, treatment psychiatric services, psychotherapy, for mental health and substance abuse issues. Specialty programs for youth 11-21 and services in all county schools. guidancecarecenter.org – Countywide 305-434-7660

Keys to Be the Change: Youth programs including at-risk youth mentoring & leadership, literacy volunteers, drug, alcohol & violence prevention, Farm to School initiatives. keystobethechange.com – Countywide 541-974-4398

Kids Come First in the Florida Keys: Provides children's clothing & school supplies year-round and accepts donations. facebook.com/kidscomefirstmonroecounty – Countywide 305-360-1689

Living Springs Counseling: ACT Parenting Safe Kids Workshops, approved by Upper Keys Family Court for mandated parenting classes. dolphinslivingsprings.com – Upper Keys 305-432-9554

Marathon Rec Center (Heart of the Keys Recreation Association): Afterschool and summer programs providing recreational and educational activities for ages 8-18 years old. Marathon 305-743-4164

Monroe County Child Find: Free developmental screenings for children 3 and older who are not enrolled in a public school. fdlrssouth.org – Monroe County 305-274-3501

Monroe County School District: Head Start, developmental screenings, special education, free and reduced meal applications, parental support services. keysschools.com – Countywide 305-293-1400

St. Justin Martyr Catholic Church: Subsidized, licensed day care. www.facebook.com/sjmkeylargo – Key Largo 305-451-1316

Wesley House Family Services: Providing Foster Care placement with full case management, Foster Parent licensing, adoption services, Strengthening Families short-term intervention services, Healthy Families Monroe, and Inez Martin Child Development Center.
wesleyhouse.org – Countywide 305-809-5000

LEGAL SERVICES

Americans for Immigrant Justice: Legal, interpretation and translation services, citizenship, and immigration assistance. aijustice.org – Statewide 305-573-1106

Crime Stoppers of the Florida Keys: Neighborhood watch crime prevention program, anonymous tip telephone and email, financial rewards for tips. keysso.net – Countywide 305-471-8477

Federal Public Defender's Office: Legal representation for people accused of federal crimes who are financially unable to retain their own private counsel. fls.fd.org – Countywide 305-536-6900

Florida Department of Juvenile Justice: Legal advocates, court diversion programs, resource and referrals, detention facilities.
djj.state.fl.us – Countywide 305-293-1500

Legal Services of Greater Miami (Monroe County): Free legal services for low income individuals and families in the areas of housing, government benefits, consumer issues, & family law as well as legal clinics. Kiosks located at the Key Largo, Marathon and Key West Public Libraries. legalservicesmiami.org – Countywide 866-686-2760

MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

Advocate Program (Monroe County Unit): DUI classes, Case management, counseling, substance abuse assessment, outpatient treatment. advocateprogram.org – Marathon 305-289-5605

Alcoholics Anonymous: Alcohol dependency support groups in the Florida Keys, meetings listed online. aafloridakeys.org – Countywide 305-296- 8654

Community Health of South Florida (CHI)
Behavioral Health Telehealth appointments available. Request appointments online at www.chisouthfl.org 305-252-4820

Conch Republic Area Narcotics Anonymous: 12 step meetings.
floridakeysna.org – Upper Keys & Key West 866-584-2411

Florida Department of Children & Families (DCF): Child abuse investigation, court intake & visitations services, counseling, resources & referrals. myflfamilies.com – Key West 305-292-6745

Florida Keys Children's Shelter: Family & youth education and counseling, case management, referrals, transitional living program. fkcs.org – Tavernier and Key West 305-852-4246

Florida Keys Outreach Coalition- Peacock Supportive Living: Supportive living facility for adults with chronic mental illness, case management support. fkoc.org – Key West 305-295-8693

Guidance/Care-Center: Comprehensive behavioral health care including crisis support, prevention, treatment psychiatric services, psychotherapy detoxification, mental health and substance abuse inpatient services. guidancecarecenter.org – Countywide 305-434-7660

Key Bridge: Mental health and substance abuse agency with licensed counselors, doctors & psychiatrist on staff. Outpatient care for all ages; Vivitrol provider. Individual, group, and family therapy. keybridgetreatment.com – Key West 305-783-3677

Living Springs Counseling: Low-cost counseling, workshops, basic case management. dolphinslivingsprings.com – Countywide 305-432-9554

Lower Keys Medical Center: Inpatient & outpatient mental and chemical dependency services. kmc.com – Key West 305-294-5531

SENIOR SERVICES

AARP: Nonprofit, nonpartisan, social welfare organization to address aging, retirement, positive morale, geriatrics, discounts & networking aarp.org – Statewide 888-687-2277

Alliance for Aging: Resources for seniors and under 65 disabled. allianceforaging.org – Countywide 786-862-6078; Aging & Disability Resource Center 305-670-4357

Americorps Senior Volunteer Program: Volunteer matched with an organization of their choice to utilize their talents. americorps.gov/serve/amicorps-seniors – 800-942-2677

Emergency Home Energy Assistance for the Elderly Program (EHEAP): Assistance for home energy emergencies to qualified, low-income households with at least one person age 60 or older. allianceforaging.org – Countywide 305-670-4357 or 800-963-5337

Florida DCF-Adult Protective Services: Protective services for elderly & disabled adults, protective payee accounts, supportive services. myflfamilies.com – Statewide: 800-962-2873

JOY Center (Just Older Youth, Inc.): The teen center for people over 50. Programs and services meet social and emotional needs, promote mental and physical wellness and stimulate creative and intellectual interests. justolderyouthinc.org – Upper Keys 305-850-8449

Kindred Hospice: Hospice care and Memory Care Program for Alzheimer's and other forms of dementia. kindredhospice.com – Upper Keys 305-451-7005, 866-546-3733

Monroe County Nutrition Program: Congregate meals/ nutrition sites, home delivered meals, Senior Centers, community volunteer opportunities. monroecounty-fl.gov Countywide 305-292-4522

Monroe County Social Services: On-going emergency food assistance, home delivered meals, homemaking, respite, personal care, chores, computers and wi-fi. monroecounty-fl.gov – Countywide 305-292-4408

Monroe County Transit: Senior and disability-related transportation program, no fee for citizens 60 and older, door-to-door services, do not provide transport from Key-to-Key except in the Middle Keys. monroecounty-fl.gov/142/Transportation – Key West 305-292-4424

National Council on Aging's Benefits Enrollment Center: Assistance applying for SNAP food assistance, Medicaid, and Medicare Savings Program. becs.benefitscheckup.org/welcome – Countywide 305-671-6356, Spanish: 305-671-6376

Older Americans Advisory Board: Provides input on local issues affecting older residents to the Monroe County Board of Commissioners. monroecounty-fl.gov – 305-853-0907

Parkinson's Support Group: Monthly Key West Support Group meetings. facebook.com/parkinsonskeywest/ – Key West 305-395-2897

Poinciana Gardens Senior Community: Independent and assisted living studio, 1- or 2-bedroom units for qualifying seniors. KeyWestSeniorLiving.com – Key West 305-440-3191

SHINE-Florida SHIP/SMP: Free and unbiased info about Medicare and related plans, plan comparison, appeals and more. floridashine.org – Countywide 305-671-6356; Spanish 305-671-6376

VITAS Healthcare: Hospice care and related services. vitas.com – Upper Keys 305-420-2800

SPECIAL NEEDS SERVICES

Center for Independent Living of the Keys (CILK): Supportive services to disabled individuals, recreational activities, counseling, finance support, case management, education & advocacy, information, and referrals. cilofthekeys.org – Key Largo 305-453-3491

Early Steps Southernmost Coast, Benchmark Human Services: Early intervention services to eligible infants and toddlers with significant delays or a condition likely to result in a developmental delay. floridaearlysteps.com Key West 305-929-8705

FK Council for People with Disabilities: Provides ADA assistance, advocacy and services for people and families in Monroe County with disabilities. monroecounty-fl.gov – Countywide 305-292-4590

Florida Division of Vocational Rehabilitation: Employment services for people with mental or physical disabilities. rehabworks.org – Upper Keys 305-453-1271, Middle & Lower Keys 305-293-7586

Monroe Association for ReMARCable Citizens: Supported living & employment services for adults and families with disabilities. marchouse.org – Key West 305-294-9526, Tavernier 305-852-3282

Monroe County Emergency Management Special Needs Registry: Transportation and sheltering assistance to persons with special needs during evacuations, as a last resort. To be a part of the program and screened for eligibility, you must preregister. monroecountyem.com/148/Special_Needs_Registry – Countywide 305-292-4591

Parkinson's Support Group: Monthly meetings. facebook.com/parkinsonskeywest/ – Key West 305-395-2897

The Pinnacle Group: Providing Applied Behavior Analysis (ABA) services to individuals with autism and other developmental disabilities. the-pinnacle-group.com – Countywide 772-633-3205

TRANSPORTATION SERVICES

Greyhound Lines USA: Arranged pick-ups and drop-offs from Miami to Key West. greyhound.com – 305-296-9072, 800-231-2222

Guidance/Care Center-Middle Keys Transportation: Transportation services as the designated Community Transportation Coordinator (CTC) for Monroe County. For transportation information or to schedule a ride, call: 305-434-7660, Option #2 – guidancecarecenter.org/programs_transportation.html

Key West Rides On-Demand Bus Service: Innovative form of transportation that will replace the traditional bus service. Connects with Lower Keys Shuttle and Duval Loop. App is available on Google Play and iOS App Store. cityofkeywest-fl.gov/888/Key-West-Rides-On-Demand-Bus-Service

Keys Shuttle: From Miami and Ft Lauderdale airports servicing the Florida Keys daily. keysshuttle.com – 305-289-9997

Medicaid Transportation: Medicaid covers non-emergency transportation services for Medicaid eligible recipients to Medicaid covered services. Medicaid also covers medically necessary emergency ground or air ambulance transportation. Some limits apply. Call your health plan or the Medicaid Helpline at 877-254-1055.

Miami-Dade Transit, Dade-Monroe Express (Florida City to Marathon): miamidade.gov/transit – 305-468-5900

Monroe County Transit: Senior and disability-related transportation program, no fee for citizens 60 and older and nominal fee for others, door-to-door services within one of four 'zones' in the Keys. monroecounty-fl.gov/142/Transportation – Countywide 305-292-4424

Monroe County Veteran's Affairs: Transportation to the Miami VA for a veteran with an appointment. benefits.va.gov/benefits –Key West 305-295-5150, Key Largo 305-453-8777

An online version of the Community Resource Guide and more information is available at KeysHelp.org.

Limited quantities of the resource guide are available free to Monroe County organizations and residents; additional quantities may be available for a suggested donation.

Printed with support from



**United Way of Collier and the Keys
305-735-1929 ● KeysHelp.org**

01/2023